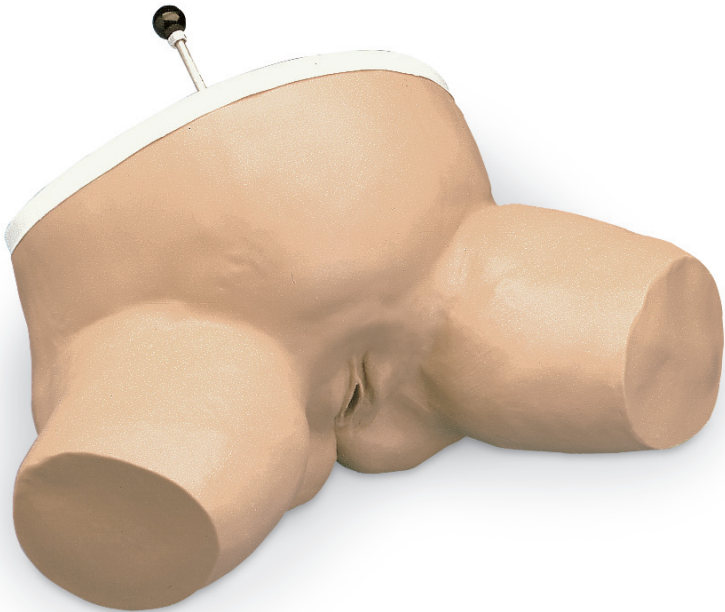


Nasco
Dedicated to Delivery
Life/form®



**Birthing Station Simulator
LF01070U
Instruction Manual**



Life/form® Products by Nasco

About the Simulator

The **Life/form**® Birthing Station Simulator is designed to facilitate demonstration and practice of palpating the internal birthing canal. The simulator clearly shows the relationship between the fetal head and the ischial spines of the pelvic bones of the mother during the birth process. The realism of this **Life/form**® Simulator will help students bridge the gap from the classroom to bedside with ease and comfort.

Internal Structure

The **Life/form**® Birthing Station Simulator is designed to highlight the ischial spines, which are of great obstetric importance. The line drawn between the ischial spines typically represents the shortest diameter of the pelvic cavity. The ischial spines can be readily felt during a vaginal examination, and serve as valuable landmarks in ascertaining the level to which the presenting part of the fetus has descended into the pelvis.

The simulator features three lock stations:

- Minus Two Station
- Zero Station
- Plus Three Station

The fetal head will lock in any one of the three stations.

General Instructions for Use

To make the examination of the simulator, the user must first put on a latex glove. Next, the user must lubricate the vaginal area. This will provide easy access to the birthing canal and help prevent any tearing of the simulator. The user is now ready to proceed with the exam.

Minus Two Station

Minus Two Station is when the blue tape is flush with the top of the simulator. This is the position that the head of the fetus is in when it lies above the ischial spines. Palpate through the vaginal opening.

After the user has made the exam, unlock the rod, turn the knob a very short distance (a sixteenth of a turn), push the rod to the next position, and then let go of the rod to allow it to return to the neutral position.

Zero Station

Zero Station is in position when the green tape is flush with the top. The fetus' head lies directly between the ischial spines. Palpate through vaginal opening. When the exam is over, unlock the knob and push to next position.

Plus Three Station

Plus Three Station is in position when the red tape is flush with the top. The fetus' head is below the ischial spines and is ready to enter into the birthing canal.

Care of the Simulator

The use of gloves and liberal use of lubricant teach and reinforce good practices and are essential to protect the physical properties of the simulator. The simulator must be treated like a patient. Rough usage and lack of lubrication will generate tears in the soft tissue walls.

Store simulator in clean plastic bag. The soft plastic used in this simulator does attract dust. As in a real situation, the user should practice care and good hygiene to assure the lasting life and clean appearance of the simulator.

Solvents or corrosive materials will damage the simulator. Never place simulator on newsprint or any kind of printed paper or plastic. These materials will transfer an indelible stain. Ball-point pen ink will also make an indelible stain.

Normal soil accumulated on the surface of the simulator can be removed with mild soap (Ivory® liquid soap) and lukewarm water. Use Nasco Cleaner (LF09919U) to remove stubborn stains from the simulator. Simply spray soiled area and wipe clean with a soft cloth or paper towels.

Cautions

DO NOT use any petroleum-based lubricant. Use of such lubricants will cause rapid deterioration and permanent damage. Use Lubricant Kit (LF00985U) or Ivory® liquid soap only.

Note: Be careful when turning the knob that you do not twist it over a quarter of a turn or it may break loose inside the simulator.

Supplies/Replacement Parts for the Birthing Station Simulator

LF09919U Nasco Cleaner

LF00985U Lubricant Kit

Other Available *Life/form*® Simulators

- LF00698U** Adult Injectable Arm (White)
LF00855U Male Catheterization
LF00856U Female Catheterization
LF00901U Prostate Examination
LF00906U Ostomy Care
LF00929U Surgical Bandaging
LF00957U Enema Administration
LF00958U Pediatric Injectable Arm
LF00961U Intramuscular Injection
LF00984U Breast Examination
LF00995U Arterial Puncture Arm
LF00999U Pediatric Injectable Head
LF01005U First Aid Arm
LF01008U Intradermal Injection Arm
LF01012U Heart Catheterization (TPN)
LF01019U Ear Examination
LF01027U Peritoneal Dialysis
LF01028U Suture Practice Arm
LF01034U Suture Practice Leg
LF01036U Spinal Injection
LF01037U Hemodialysis Practice Arm
LF01038U Episiotomy Suturing Set
LF01042U Suture Kit
LF01062U Pelvic, Normal & Abnormal
LF01063U Stump Bandaging, Upper
LF01064U Stump Bandaging, Lower
LF01069U Cervical Effacement
LF01070U Birthing Station
LF01082U Cricothyrotomy
LF01083U Tracheostomy Care
LF01084U Sigmoidoscopic Examination
LF01087U Central Venous Cannulation
LF01095U Blood Pressure Arm
LF01108U Infant Intraosseous Infusion
LF01121U Advanced IV Arm
LF01131U Venipuncture and Injection Arm
LF01139U Advanced IV Hand
LF01142U Auscultation Trainer
LF01143U Testicular Exam
LF01152U Male & Female Catheter
LF01155U Advanced CPR Dog
LF01162U Venatech IV Trainer
LF01174U NG Tube & Trach Skills
LF01184U Venatech IM & Sub Q
LF01193U Special Needs Baby
LF03000U **CPARLENE**® Series
LF03601U Adult Airway Management Trainer with Stand
LF03602U Adult Airway Management Manikin
LF03609U Child Airway Management Trainer with Stand
LF03616U Child **CRISis**™ Manikin
LF03617U Deluxe Child **CRISis**™ Manikin with Arrhythmia Tutor
LF03620U PALS Update Kit
LF03623U Infant Airway Management Trainer with Stand
LF03632U Child Intraosseous Infusion/Femoral Access Leg on a Stand
LF03633U Child Airway Management Trainer Torso
LF03693U **Basic Buddy**® CPR Manikin
LF03699U "Airway Larry" Airway Management Trainer
LF03709U Infant **CRISis**™ Manikin
LF03720U **Baby Buddy**™ Infant CPR Manikin
LF03750U Fat Old Fred
LF03760U Airway Management/Cricoid Pressure Trainer
LF03770U Chest Tube
LF03953U **CRISis**™ Manikin, Complete
LF03955U Deluxe **CRISis**™ Manikin
LF03956U Deluxe "Plus" **CRISis**™ Manikin
LF03965U Adult **CRISis**™ Auscultation Manikin
LF03966U Adult **CRISis**™ Auscultation Manikin with ECG Simulator
LF04000U **GERI**™/**KERI**™ Manikin Series
LF04200U Adult Sternal Intraosseous Infusion
LF06001U CPR Prompt® Adult/Child Manikin
LF06012U CPR Prompt® Infant Manikin
LF06200U CPR Prompt® Keychain Rescue Aid
LF06204U CPR Prompt® Rescue and Practice Aid

Nasco Fort Atkinson

901 Janesville Avenue, P.O. Box 901
Fort Atkinson, Wisconsin 53538-0901
1-800-558-9595

eNasco.com • E-mail: lifeform@eNasco.com